

# Parent Resources

Smithtown Recreation Department  
(631) 360-7644

School Age Child Care  
(631) 360-7517

Smithtown Center for the Performing Arts  
(631) 724-3700  
[www.smithtownpac.org](http://www.smithtownpac.org)

Smithtown Library  
(631) 265-2072

Smithtown Township Arts Council  
(631) 862-6575  
[Stacarts.org](http://Stacarts.org)

Smithtown Historical Society  
(631) 265-6768  
[www.smithtownhistorical.org](http://www.smithtownhistorical.org)

Girl Scouts of Suffolk County  
(631) 543-6622 (Commack)  
[www.gssc.us](http://www.gssc.us)

Suffolk County Council of Boy Scouts of America  
(631) 924-7000 (Medford)  
[www.sccbsa.org](http://www.sccbsa.org)

Suffolk County Y Jewish Community Center  
(631) 462-9800  
[www.suffolkvjcc.org](http://www.suffolkvjcc.org)

Boys and Girls Club  
(631) 584-6585  
Suffolk County: [www.bgcsuffolk.com](http://www.bgcsuffolk.com)



## Town of Smithtown

**Supervisor - Patrick R. Vecchio**  
**Councilman - Thomas J. McCarthy**  
**Councilman - Edward R. Wehrheim**  
**Councilman - Robert J. Creighton**  
**Councilwoman - Lynne C. Nowick**

**We serve all public and private  
schools in Smithtown, Commack,  
Kings Park, and Hauppauge.**



[www.facebook.com/smithtown.youthbureau.7](https://www.facebook.com/smithtown.youthbureau.7)



[www.twitter.com/smithtownyouthb](https://www.twitter.com/smithtownyouthb)



# SMITHTOWN Youth Bureau Programs for Parents



161 East Main Street  
Smithtown, NY 11787

Phone: (631) 360-7595  
Fax: (631) 360-7687

[youthb@tosgov.com](mailto:youthb@tosgov.com)

[smithtownny.gov/youthbureau](http://smithtownny.gov/youthbureau)

# The Incredible Years Guiding Good Choices STEP Program

for parents of children ages birth-12

The Incredible Years is an evidence-based series which promotes children's social competence, emotional regulation, and problem solving skills to reduce their behavior problem. The objectives are to help parents provide young children with a strong emotional, social, and academic foundation so as to achieve the longer term goal of reducing the development of depression, school drop out, violence, drug abuse, and delinquency in later years.



for parents of children ages 9-14

A science-based, proven effective prevention program that will give parents the skills they need to ensure the future well-being of their children. Guiding Good Choices can help parents reduce or prevent substance abuse or other problem behaviors in their children. Guiding Good Choices has been shown to reduce current alcohol use, significantly reduce initiation rates for marijuana use and drunkenness, reduce the likelihood that experimental users will advance to heavier use, increase the likelihood that non-users will remain drug-free, and reduce the likelihood that young people will commit delinquent acts.

*Guiding Good Choices*

for parents of children ages birth-18

The STEP Program focuses on parenting children, focusing on topics such as understanding yourself and your child, encouraging your child, listening and talking to your child, disciplining your child, etc. STEP's handbook for parents includes essential topics such as single parents, stepfamilies, cooperation in the family, schoolwork and homework, drugs, violence, and gangs. STEP is easy to use with chapter openers that relate the contents to a real-life situation; at-home activities that help parents apply STEP idea; and an index to locate topics easily.

